Coding Sheet: Indirect aggression (saying nasty things behind someone's back)

(I) indicates an instrumental response
(E) indicates an expressive response

Score 1 for each expressive response, 0 for each instrumental response. A high score indicates a more expressive representation, a low score a more instrumental representation.

1. If I said nasty things about someone behind their back it would probably be because.....
   (E) □ the other person made me so mad I couldn't help it
   (I) □ the other person deserved it

2. If I was about to say something really nasty about someone behind their back I would probably.....
   (E) □ feel really upset and shaky
   (I) □ feel like I was really going to teach them a lesson

3. If I was saying nasty things about someone behind their back I would probably.....
   (E) □ not know what I was saying
   (I) □ know exactly what I was saying

4. If there were lots of people around.....
   (I) □ I’d be more likely to say nasty things about someone behind their back
   (E) □ I’d be less likely to say nasty things about someone behind their back

5. If someone said nasty things about me behind my back I would be more likely to .....  
   (E) □ cry
   (I) □ say something nasty about them behind their back

6. If I said something nasty about someone behind their back and hurt them I would probably feel.....
   (I) □ that they were asking for it
7. If I said something nasty about someone behind their back I would like them to.....
   (E)  □ realise how upset they’d made me feel and how unhappy I was
   (I)  □ make sure they never annoy me again

8. If I said some nasty things about someone behind their back, afterwards I would probably.....
   (I)  □ remember everything I'd said
   (E)  □ not remember exactly what I’d said

9. After saying nasty things about someone behind their back I would probably feel.....
   (E)  □ upset and bad about myself
   (I)  □ happy or unhappy depending on whether people had believed me

10. If I was to tell my friends about some nasty things I'd said behind someone’s back I would probably.....
    (E)  □ try to make them see why I'd said the things
    (I)  □ make it sound more exciting than it was

11. I think that saying nasty things about someone behind their back is.....
    (E)  □ always wrong
    (I)  □ needed to make people know what I want

12. If I said nasty things about someone behind their back I would feel.....
    (I)  □ that I had a right to hurt the other person
    (E)  □ upset and bad about myself