Coding Sheet: Physical aggression (hitting and fighting)

(I) indicates an instrumental response
(E) indicates an expressive response

Score 1 for each expressive response, 0 for each instrumental response. A high score indicates a more expressive representation, a low score a more instrumental representation.

1. If I hit someone it would probably be because..
   (E)  □ the other person made me so mad I couldn't help it
   (I)  □ the other person deserved it

2. If someone wanted to have a fight with me.....
   (E)  □ I'd feel proud if I refused
   (I)  □ I'd feel like a coward if I refused

3. If I was about to hit someone I would probably.....
   (E)  □ feel really upset and shaky
   (I)  □ feel like I was really going to teach them a lesson

4. If I had a fight with someone I would probably.....
   (E)  □ not know what I was doing
   (I)  □ know exactly what I was doing

5. If there were lots of people around.....
   (I)  □ I'd be more likely to hit someone
   (E)  □ I'd be less likely to hit someone

6. If someone hit me I would be more likely to.....
   (E)  □ cry
   (I)  □ hit them back

7. If I hit someone and hurt them I would probably feel.....
   (I)  □ that they were asking for it
   (E)  □ bad about myself
8. If I hit someone I would like them to....
   (E) ☐ realise how upset they'd made me feel and how unhappy I was
   (I) ☐ make sure they never annoy me again

9. If I had a fight with someone I would probably tell.....
   (E) ☐ no one except maybe a close friend
   (I) ☐ lots of friends

10. If I had a fight with someone, afterwards I would probably.....
    (I) ☐ remember every move I'd made
    (E) ☐ not remember exactly what had happened

11. After a fight I would probably feel.....
    (E) ☐ upset and bad about myself
    (I) ☐ happy or unhappy depending on whether I’d won or lost

12. If I was to tell my friends about a fight I'd been in I would probably.....
    (E) ☐ try to make them see why I’d got into the fight
    (I) ☐ make it sound more exciting than it was

13. I think that fighting is.....
    (E) ☐ always wrong
    (I) ☐ needed to make people know what I want

14. If I had a fight with someone I would feel.....
    (I) ☐ that I had a right to hurt the other person
    (E) ☐ upset and bad about myself