

Name.....

Age..... Year.....

Boy Girl

This is a form about how you feel about **saying nasty things behind someone's back**. There are 12 questions. For each question please tick the box that best describes you. Kids often think different things about saying nasty things behind someone's back so there are no right or wrong answers. The form is about what **you** think.

Here is an example

If someone called me a coward I would probably.....

feel upset

want to say something nasty behind the other person's back

If you think that you would feel upset if someone called you a coward then put a cross in the first box. If you think that you would want to say something nasty behind the other person's back if they called you a coward then put a cross in the second box.

All your answers are a secret between you and the person who is helping you fill out the form. Nobody else will see your answers. Please don't talk to anyone else while you are filling in the form and try not to let anyone else see your answers.

If there is anything you don't understand or any words that you are not sure about then make sure you ask. The person helping you will read out each question then give you some time to put down your answer. There is no rush so you can take as long as you like. Please ask if you'd like the question read out again.

Remember to put a cross in **one** box for **each** question.

When you are choosing your answers try to think of how you usually feel when you say something nasty behind someone's back. If you have never said anything nasty behind someone's back then try to imagine how you would feel if you did.

1. If I said nasty things about someone behind their back it would probably be because.....

- the other person made me so mad I couldn't help it
- the other person deserved it

2. If I was about to say something really nasty about someone behind their back I would probably.....

- feel really upset and shaky
- feel like I was really going to teach them a lesson

3. If I was saying nasty things about someone behind their back I would probably.....

- not know what I was saying
- know exactly what I was saying

4. If there were lots of people around.....

- I'd be more likely to say nasty things about someone behind their back
- I'd be less likely to say nasty things about someone behind their back

5. If someone said nasty things about me behind my back I would be more likely to

- cry
- say something nasty about them behind their back

6. If I said something nasty about someone behind their back and hurt them I would probably feel.....

- that they were asking for it
- bad about myself

7. If I said something nasty about someone behind their back I would like them to.....

- realise how upset they'd made me feel and how unhappy I was
- make sure they never annoy me again

8. If I said some nasty things about someone behind their back, afterwards I would probably.....

- remember everything I'd said
- not remember exactly what I'd said

9. After saying nasty things about someone behind their back I would probably feel.....

- upset and bad about myself
- happy or unhappy depending on whether people had believed me

10. If I was to tell my friends about some nasty things I'd said behind someone's back I would probably.....

- try to make them see why I'd said the things
- make it sound more exciting than it was

11. I think that saying nasty things about someone behind their back is.....

- always wrong
- needed to make people know what I want

12. If I said nasty things about someone behind their back I would feel.....

- that I had a right to hurt the other person
- upset and bad about myself