

**Scoring for the Breakfast Attitudes Questionnaire
(Tapper, Murphy, Lynch, Clark, Moore & Moore, 2008)**

Score each item as follows:

Agree a lot = 1

Agree a bit = 2

Don't agree or disagree = 3

Disagree a bit = 4

Disagree a lot = 5

Reverse score items 1, 12 and 13.

Compute a mean score across all 13 items.

High scores represent a more positive attitude toward breakfast, low scores a more negative attitude.